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Official Launch of BluOxy



Art Martin; Dr. Neil Ranaweera; Tunku Naquiyuddin Ibni Tuanku Ja'afar ; Mr. Marcus Francis.

BluOxy, an all natural plant based formulation to counteract the problems associated with fungal and bacterial contamination was recently launched in Kuala Lumpur, Malaysia.

Art Martin gave a technical presentation on the product, its use and its merits. The launch was held at the Lake Garden's Club located in Kuala Lumpur and was attended by members of the Royal Family and numerous guests from the local medical profession. For information go to:

www.breathethedifference.com



Household Mold Linked to Depression

Science Daily — A groundbreaking public health study has found a connection between damp, moldy homes and depression. The study, led by Brown University epidemiologist Edmond Shenassa, is the largest investigation of an association between mold and mood and is the first such investigation conducted outside the United Kingdom. Shenassa said the findings, published in the American Journal of Public Health, came as a complete surprise. In fact, after a few U.K. studies published in the last decade had suggested a link, Shenassa and his skeptical team set out to debunk the notion that any link existed. "We thought that once we statistically accounted for factors that could clearly contribute to depression – things like employment status and crowding – we would see any link vanish," said Shenassa, the lead author of the study and an associate professor in the Department of Community Health at Brown. "But the opposite was true. We found a solid association between depression and living in a damp, moldy home."

"Physical health and perceptions of control, are linked with an elevated risk for depression," Shenassa said, "and that makes sense. If you are sick from mold, and feel you can't get rid of it, it may affect your mental health." The research team includes Allison Liebhaber, a former Brown undergraduate; Constantine Daskalakis of Thomas Jefferson University; Matthias Braubach of WHO; and Mary Jean Brown of the Harvard School of Public Health. **Note: This story has been adapted from a news release issued by Brown University**